

**Meeting Format Legend**

- C** (Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.

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- DISC** (Discussion) This meeting invites participation by all attendees.

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- LIT** (Literature Study) NA Approved Literature Study

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- O** (Open) This meeting is open to addicts and non-addicts alike. All are welcome.

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- SPK** (Speaker) This meeting is lead by a speaker, then opened for participation by attendees.

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- STEP** (Step) This meeting is focused on discussion of the Twelve Steps of NA.

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- TOP** (Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.

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- TRAD** (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.

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- VAR** (Format Varies) This meeting has a format that changes for each meeting.

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- WC** & (Wheelchair) This meeting is wheelchair accessible.

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**APPALACHIAN AREA**

**MEETING LIST**

**DECEMBER 2022**

**24 HOUR HELPLINE**  
800-777-1515

<https://cvaana.org>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**  
**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 18

**PHONE NUMBERS**

## SUNDAY / DOMINGO

**12:00PM-1:15PM 1.25HR The Doors Open**, Roads to Recovery, 3000 Langhorne Rd, Lynchburg, Virginia, 24501 **(O,VAR,SPK)**

**6:00PM-7:00PM 1HR Together We Care**, Bedford Presbyterian Community Center, 112 Center St, Bedford, VA, 24523 **(O,VAR,WC &)**

**8:00PM-9:15PM 1.25HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,VAR)**

## MONDAY / LUNES

**12:00PM-1:00PM 1HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,DISC)**

**8:00PM-9:00PM 1HR Keep the Faith**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,WC &,LIT)**

## TUESDAY / MARTES

**12:00PM-1:00PM 1HR Together We Care**, Bedford Presbyterian Community Center, 112 Center Street, Bedford, VA, 24523 **(O,VAR)**

**12:00PM-1:00PM 1HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(C,STEP,WC &)**

**8:00PM-9:00PM 1HR Living Just For Today**, Saint Andrew Presbyterian Church, 21206 Timberlake Rd, Lynchburg, VA, 24502 **(O,WC &,LIT)**

## WEDNESDAY / MIÉRCOLES

**12:00PM-1:00PM 1HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,STEP,WC &)**

**8:00PM-9:00PM 1HR Keep the Faith**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,TOP,WC &)**

**8:00PM-9:00PM 1HR Together We Care**, Bedford Presbyterian Community Center, 112 Center St, Bedford, VA, 24523 **(O,VAR,WC &)**

## THURSDAY / JUEVES

**12:00PM-1:00PM 1HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,WC &,LIT)**

**8:00PM-9:00PM 1HR Living Just For Today**, Saint Andrew Presbyterian Church, 21206 Timberlake Rd, Lynchburg, VA, 24502 **(O,VAR,WC &)**

## FRIDAY / VIERNES

**12:00PM-1:00PM 1HR We Do Recover**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(C,TRAD,WC &)**

**8:00PM-9:00PM 1HR Keep the Faith**, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,DISC,WC &)**

**8:00PM-9:00PM 1HR Together We Care**, St. John's Episcopal Church, 314 North Bridge Street, Bedford, VA, 24523 **(O,WC &,LIT)**

## SATURDAY / SÁBADO

**12:00PM-1:00PM 1HR Freedom Group**, 3000 Langhorne Rd, Lynchburg, VA, 24501

**8:00PM-9:00PM 1HR Together We Can**, Holy Trinity Lutheran Church, 1000 Langhorne Road, Lynchburg, VA, 24503 **(O,DISC)**