

Meeting Format Legend

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| C | (Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse. |
| DISC | (Discussion) This meeting invites participation by all attendees. |
| LIT | (Literature Study) NA Approved Literature Study |
| NP | (No Pets) No Animals of any kind |
| O | (Open) This meeting is open to addicts and non-addicts alike. All are welcome. |
| SPK | (Speaker) This meeting is lead by a speaker, then opened for participation by attendees. |
| STEP | (Step) This meeting is focused on discussion of the Twelve Steps of NA. |
| TOP | (Topic) This meeting is based upon a topic chosen by a speaker or by group conscience. |
| TRAD | (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA. |
| VAR | (Format Varies) This meeting has a format that changes for each meeting. |
| WC & | (Wheelchair) This meeting is wheelchair accessible. |

PHONE NUMBERS



APPALACHIAN AREA

MEETING LIST

MARCH 2024

24 HOUR HELPLINE

800-777-1515

<https://cvaana.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 18

SUNDAY / DOMINGO

12:00PM-1:00PM 1HR The Doors Open, 3000 Langhorne Rd, Lynchburg, Virginia, 24501 **(O,VAR,SPK)**

6:00PM-7:00PM 1HR Together We Care, 314 N Bridge St, Bedford, VA, 24523 **(O,VAR,WC &)**

8:00PM-9:15PM 1.25HR We Do Recover, Plenty of parking across the street, there is a front and a side entrance downstairs in the fellowship hall and the facility is handicap accessible. NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 1007 5th Street, Lynchburg, VA, 24501 **(O,VAR,NP)**

MONDAY / LUNES

12:00PM-1:00PM 1HR We Do Recover, 1007 5th Street, Lynchburg, VA, 24501 **(O,DISC)**

8:00PM-9:00PM 1HR Keep the Faith, 2701 Campbell Ave, Lynchburg, VA, 24501 **(O,WC & ,LIT)**

TUESDAY / MARTES

12:00PM-1:00PM 1HR We Do Recover, Plenty of parking across the street, there is a front and a side entrance downstairs in the fellowship hall and the facility is handicap accessible. NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 1007 5th Street, Lynchburg, VA, 24501 **(C,STEP,WC & ,NP)**

8:00PM-9:00PM 1HR Living Just For Today, NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 21206 Timberlake Rd, Lynchburg, VA, 24502 **(O,WC & ,LIT)**

8:00PM-9:00PM 1HR The Doors Open, 3000 Langhorne Rd, Lynchburg, VA, 24501 **(O,VAR)**

WEDNESDAY / MIÉRCOLES

12:00PM-1:00PM 1HR We Do Recover, Plenty of parking across the street, there is a front and a side entrance downstairs in the fellowship hall and the facility is handicap accessible. NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 1007 5th Street, Lynchburg, VA, 24501 **(O,STEP,WC &,NP)**

8:00PM-9:00PM 1HR Keep the Faith, 2701 Campbell Ave, Lynchburg, VA, 24501 **(O,TOP,WC &)**

8:00PM-9:00PM 1HR Together We Care, 314 N Bridge St, Bedford, VA, 24523 **(O,VAR,WC &)**

THURSDAY / JUEVES

12:00PM-1:00PM 1HR We Do Recover, Plenty of parking across the street, there is a front and a side entrance downstairs in the fellowship hall and the facility is handicap accessible. NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 1007 5th Street, Lynchburg, VA, 24501 **(O,WC &,LIT,NP)**

8:00PM-9:00PM 1HR Living Just For Today, NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 21206 Timberlake Rd, Lynchburg, VA, 24502 **(O,VAR,WC &)**

FRIDAY / VIERNES

12:00PM-1:00PM 1HR We Do Recover, Plenty of parking across the street, there is a front and a side entrance downstairs in the fellowship hall and the facility is handicap accessible. NO PETS, SERVICE ANIMALS OR EMOTIONAL SUPPORT ANIMALS ARE ALLOWED., 1007 5th Street, Lynchburg, VA, 24501 **(C,TRAD,WC &,NP)**

8:00PM-9:00PM 1HR Keep the Faith, 2701 Campbell Ave, Lynchburg, VA, 24501 **(O,DISC,WC &)**

8:00PM-9:00PM 1HR Together We Care, 314 North
Bridge Street, Bedford, VA, 24523 **(O,WC &,LIT)**

SATURDAY / SÁBADO

12:00PM-1:00PM 1HR Freedom Group, 3000 Langhorne
Rd, Lynchburg, VA, 24501

8:00PM-9:00PM 1HR Together We Can, 1000 Langhorne
Road, Lynchburg, VA, 24503 **(O,DISC)**